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## **Home meals menu 01/01/2020**

Minimum one weeks' notice needed for orders.  
Delivery fee applies to your area. Food is all delivered cold.  
Price is subject to 10% GST

### **Foil tray meals. 2500ml Serves approx 6-10 people minimum 4 meals per order**

Roast Meats (2 kg of Cooked and sliced meat)

- Roast Beef sliced \$80.50
  - Roast Pork sliced \$70.50
  - Roast Lamb sliced \$ 95.50
- Includes container of gravy
- Moroccan marinated chicken tenderloin pieces \$70.00

### **Meat dishes \$45.00 each**

- Braised porterhouse steak w, onions gravy
- Beef and vegetable pot pie
- Beef and mushroom pot pie
- Chicken and vegetable pot pie
- Lamb, mint and potato pot pie
- Chicken and pumpkin curry -mild
- Beef and potato curry - mild
- Thai green chicken and vegetable curry - medium
- Thai red beef curry and vegetable - medium
- Curried sausages - mild
- Honey mustard chicken and beans
- Tasty chicken casserole
- Sweet chilli beef and vegetable stir fry noodles
- Honey soy chicken and vegetable stir fry noodles
- Chicken tagine
- Chicken cacciatore



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- Beef stroganoff
  - Beef bourgignon
  - Creamy Fettuccini Carbonara.
  - Braised beef tortellini w, creamy white wine sauce
  - Beef lasagne
  - Snapper cacciatore

Vegetarian dishes \$40.00

- Vegetarian lasagne
- Pumpkin and cauliflower curry – mild
- Vegetable chickpea tagine
- Creamy pesto spinach gnocchi
- Chunky vegetable pot pie

Side dishes \$38.00

- Creamy potato bake
- Cauliflower and broccoli gratin
- Honey mustard roasted root vegetables
- Macaroni cheese with bacon
- Steamed seasonal vegetable medley

Side dishes \$30.00

- Seasoned roast potato
- Honey orange roasted carrots
- Seared red cabbage, port jus, cranberries
- Roasted broccoli, confit garlic, almonds

Menu is subject to change and availability.

### Care Information

- All meals have a 3 day shelf life in the refrigerator and a 3 month freezer life.
- All meals can be frozen
- Make sure you thaw meals in the refrigerator the day before Heating.
- Reheat in Oven. A general guide would be to cover with foil and heat on 180 for 25-35 mins
- You can also transfer food onto a plate/container and heat in the microwave.

**Please contact Lukarla if you have any questions ☺**

**0415 547 641**

**Info@impressionscatering.com.au**